



The Phoenix Code

BREAKTHROUGH INTO BRILLIANCE

10 KEYS to Ignite the Phoenix Code [and reveal their Hidden Shadows]

There are profound shifts stirring in our Collective Heart.

The Phoenix represents the resurrected Light of Humanity in a world that is churning and burning with shadow and flame, cooking us to maximum heat in order to catalyze change.

Where are you at within the Cauldron? What are you truly committed to? Are you riding the quickening pulse of our collective heartbeat? Or are you still hiding from fragments of yourself and resisting the rhythm?

The Phoenix ascends like the tip of a flaming arrow that penetrates through darkness. These 10 Genesis KEYS birth the Phoenix from the ashes of 'death,' which is another word for doubt, fear, stagnancy, and ignorance.

As you read these, register with total honesty in yourself where you are in the spectrum between the KEY and its *Shadow*. The *Shadows* are there for you to probe for ANY aspect in you that still subscribes to its subconscious programming, even at the subtle level. Take a closer look and become transparent within the flame. You may acknowledge the Truth of these Keys, but have you taken the leap into living and embodying them at your Core?





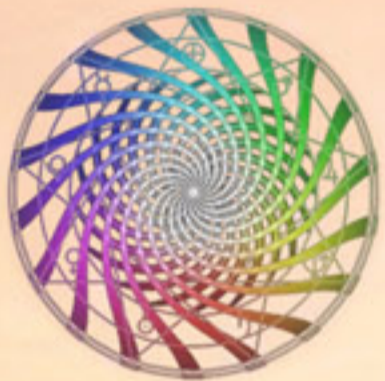
1) Evolution is happening at every level

Our Soul's growth and evolution is part of a larger wave of Consciousness awakening to its inherent Divinity here on Planet Earth and beyond. Earth is evolving with us and we are a cell within Her Body. We live and breathe with the evolutionary pulse of Humanity's ascent and we are midwives of its Birth. We always ask, 'does this serve the Whole?' secretly knowing that the Universe rewards those in resonance with the Bigger Picture.

SHADOW

We are consumed by our own life, personal goals and the perceived success or failure of them. We've forgotten the joyful pulse that moves through all life and we feel alone on our journey. We miss clues and keys to what's important and how we are being called to action. We have succumbed to the 'What's in it for ME?' syndrome.....

Question: Name 3 ways your ego still creates walls to focus on self and not surrender to the Higher Plan for Humanity. What triggers you from selflessness to selfishness?



2) Commitment to our 'Evolutionary Contract'

We set a firm commitment to being part of the Planetary Shift as well as our own internal awakening regardless of the challenges. We live from the sense of 'Victory is Assured' at every level, which keeps our spirit attuned (thus in service) to the Highest Potential outcome and better-than-imagined possibilities always ahead. We are pulled by an evolutionary tractor beam that reinforces our Purest Intentions to Serve the Soul and not the ego.

SHADOW

We are aware of what's possible in us and on the Planet, but we've become disheartened and overwhelmed by life's circumstances and only perceive those cues in the environment that reinforce our fears. Our self-judgments derail us from our intentions and our dedication to our Soul.

Question: What derails you more often: your own inner critic or fear of other people's judgments? Accordingly, WHAT is the main inner or outer judgment that triggers you the most?



3) Everything is an alchemical experience

Life is designed at every level to evolve your Soul as quick as you are ready to integrate and receive it. We have reoriented our senses, mind, and inner compass to leverage every experience as a way to merge more deeply with life, whether it be challenging, blissful or mundane. We meet life as a continual Initiation naturally requiring successive 'deaths and rebirths.' We are comfortable with Ego dissolution. We relate to everything that happens as a magical destiny, a (divine) Self-fulfilling prophecy.

SHADOW

We are still relating to things as either good or bad, stuck in victimization and judgment, thinking life is punishing us when things go 'wrong.' Mediocrity is our hidden addiction as a way to not take risks and be 'Comfortably Numb.' We are still not reaching into the essence of each moment to discover the gems sparkling just below the water's surface.

Question: What area of your life do you default most to victimhood (i.e. Work, relationships, self-care, growth, etc) and what is the main 'story' you've created around it?



4) Anchored in eternity ~ Fluid like a river

The Phoenix Code anchors our consciousness in the Eternal (that which is timeless and beyond form) yet is dynamic and available for resurrection at all times. We become fluid and can reorganize at will with the constant flux of each moment. We are no longer a slave to habitual programming, even the perceptual programs that appear to be positive and 'true' for us. Our paradigms are open to shift at any moment to unleash greater freedom. At the same time, our connection to Source/Spirit is unwavering and is the only Truth to hold on to.

SHADOW

Stagnancy & fixed structure = Death. This Key speaks to the quicksilver flicker of transmutation and vital presence that has made the Phoenix what it is ~ a radical advancing force that ascends beyond inertia and cannot be caged. When stuck in this shadow, we feel the weight of our stagnant patterns and actions not sourced from our Truth. We are 'trapped' by life only when we forget that we are Eternal and have our origins in a realm where there are no limitations.

Question: What are your core ways of staying stagnant and resisting change?



5) Full embrace ~ No escape

The Feminine principle honors the sacredness of all life as an outpouring of the Divine, not as a lesser creation or trap. Likewise, our own life is immensely precious and part of an Ever-Expanding Perfection, even when we are struggling and feeling hopeless. Our ability to embrace our shadows and forgive our 'humanness' is also part of our dynamic evolving nature. We make changes courageously and with self-forgiveness to endure the trials. The wish to transcend is sometimes secretly a desire to not deal with the Initiation that is calling you to rise... like a Phoenix!

SHADOW

We still wish to transcend our 'humanness' as a subconscious resistance to not deal with life's challenges and initiations and grow ourself whole. We run away from pain and confrontation instead of wisely using them as clear indicators for where we are out of sync with ourself and life. We have not embraced everything as a holographic reflection of our Self, designed perfectly for our awakening.

Question: What area of your life do you check out the most? (relationship, work, self-care, etc) What is the main reaction that arises when you are confronted with challenge? (fear, anger, self-judgment, projection/blame, etc)



6) True liberation = transcending models & beliefs systems

Graduation out of cultural / social / religious paradigms is the 'Great Liberation.' Eventually we must take those seemingly precarious steps beyond even Spiritual systems that we have subscribed to, as they are still based at the mental level. Only the intuitive awakened heart will guide us to the purity of Spirit, undiluted and sourced from our Soul. This is radical next-level evolution that eludes many, as it can be experienced as a perpetual freefall without definition and has no reference point from the past. Disattaching from our own identity allows us to embrace ALL as our greater Identity beyond judgment.

SHADOW

The hidden props that define who we are still have a hold on us, as if we were just carbon copies of the Matrix we grew up in. Our lives are still subtly or not so subtly run by the 'Reward and Punishment' model according to what label we are wearing and whether we are adhering or not to the rules / roles in that system. We've perfectly leveraged our spiritual egos to feel we are at the 'top of the class' and have studied the so-called 'facts' in the books very well. Meanwhile, we have created the perfect trap to keep us spinning the wheel and not evolving in an upward spiral.

Question: What roles in life are you still attached to and accordingly reward or punish yourself for living within their parameters?



7) Participating through FEELING vs. thinking & emotions

Our feelings are our direct access into the realm of Frequency, Intuition and the Infinite Playground of our energy bodies. We have now refined our ability to **feel** beyond mental thoughts and reactive emotions so that our connection to the Living Universe and our own True Essence is scintillatingly ALIVE. Dilating our 'Feeling Body' open is akin to dilating our iris open to receive more light. Our pure feelings are how we access more dimensions of Self and the subtle ecstasies of Life.

SHADOW

Our thoughts, based on past pattern recognition of what worked and what didn't, trap us in 'assessing life' rather than living radically free within it. Freedom has become an abstract concept and not a moment-to-moment interaction with our Infinite Selves. Emotional reactions still run our lives and can detonate inside like hidden land mines. We've shut down our body's intelligence and no longer trust the universe enough to merge with it.

Question: Which is your bigger prison ~ emotional reactivity or rigid mental outlooks on life? And accordingly, what is your default emotional reaction or mental perceptual block?



8) The precious gift of the Soul

We have a 'Sacred Covenant' with the pure, sublime, unique Essence of our own Soul. We now responsibly steward that Essence through Life as if it was the most precious pearl in existence. We feel Spirit has intimately and personally delivered this Gift to us. We know we can not truly transcend the Self until we have loved and honored it into Wholeness. Then we find there is no 'need' to transcend it, for it is has become the unique living expression that the Divine wishes to perfect within us.

SHADOW

We have negated the preciousness of existence, since it is easier to think of it as dense and illusionary and desire to transcend it. Our experience of the Divine / God has become unemotional, uninspiring, and unresponsive to us, so we have subconsciously denied God total access, forgetting that the Divine's very nature is to pour into us as much as we are willing to receive, in a way that is utterly personal and tailored just for us.

Question: What subconscious belief contributes to keeping God/Spirit at a distance and not playing an intimate part in your life and Soul's evolution?



9) We are Superconductors

We sustain the Precious Gift of our Soul through sustaining our Frequency and our vibrational energetic coherency. Our body is a vehicle for Source to engage and tune Itself. We delight in keeping our energetic body, mind, and spirit 'superconductive' and optimally functioning, which honors our contract to Steward Life and fulfill the Divine's Plan through us. We are a temple for the Divine to incarnate into. We have retrained our perspective to see beyond duality ~ Not only do we steward Life, but Life Stewards us for its Sacred Design. That exchange creates superconductivity: a state of 'zero resistance' beyond our own dense will!

SHADOW

We still live through our addictions and default to unconscious motivations that keep us involved in the micro and the mundane and not the macro and the magnificence of co-creation with All Life. We've forgotten to ask, "Is this thought or action serving the highest good for all Creation?" Instead of thinking 7 steps ahead to what brings ultimate fulfillment and nourishes Life, we are caught by the short-lived fulfillment of the moment.

Question: How do you distract yourself from true evolution and resist living from Spirit's Divine Will?



10) Willingness, curiosity, & personal commitment opens all doors

Surrendered in every moment, we trust that our willingness to contribute, our excitement to midwife, and our commitment to true inner freedom, IS ENOUGH...because it fuels the emergence of the great 'Shift' on the Planet. Does the old Self know what it is about to become? No! It must simply open the door to what is possible, and proceed in faith one step at a time. Invite your inner child to take this journey with us, because the Phoenix is born on childlike wonder, innocence and imagination all based on the open invitation to EXPLORE!

SHADOW

We doubt whether we are doing enough, caught up in qualifying the relative success of our 'Mission' and worried whether we will be seen as authentic and capable. We have forgotten why we were even 'doing' the Mission in the first place since we are so stressed out with making it to the Goal Line! We teach about higher frequency and inspired living, but we no longer embody it.

Question: What ways do you limit living from your joyful innocence and essence? How does your Mission get in the way of LIVING your Mission?



Here's the Quick List to Identify Your 3 Shadows:

1) Evolution is happening at every level

Shadow: *Self-preservation and 'what's in it for ME?' keeps us from living the Bigger Picture in service to All*

2) Commitment to our 'Evolutionary Contract'

Shadow: *Self-judgment spirals us into fear, overwhelm & negative feedback loops*

3) Everything is an alchemical experience

Shadow: *Polarization & Victimhood are our ways to stay small, not take risks, and not be 100% responsible for creating our reality*

4) Anchored in eternity * Fluid like a river

Shadow: *We are weighed down daily by our own resistance to change, and we forget to live actively from our Divinity*

5) Full embrace – No escape

Shadow: *False transcendence masks our unconscious desire to 'check out' & not deal with life.*

6) True liberation = transcending models & beliefs systems

Shadow: *We are caught up in belief systems and our perceived roles & identity within those systems*

7) Participating through FEELING vs. thinking & emotions

Shadow: *We are ruled by our emotional roller coaster and/or our over-mental 'assessments' of life*

8) The precious gift of the Soul

Shadow: *We believe Life is a trap and God/Spirit is abstract, impersonal, and unresponsive*

9) We are Superconductors

Shadow: *Addictions & unconscious motivations keep us distracted in the small, mundane aspects of life*

10) Willingness, curiosity, & personal commitment opens all doors

Shadow: *Stress, doubt, & criticalness about our 'Mission' derail us from LIVING our Mission in joy & innocence.*



These KEYS are the Evolutionary stair-steps to making your ascent from the Ashes. There are likely some that you've already taken flight into, and others in which Its *Shadow* is still denying you access to your Full Resurrection in the Light.

Here's how you can benefit immediately: Go through the 10 keys and identify the top three shadows that are most relevant to you. These shadows are the specific leverages you will use in 'The Resurrection Process' audio meditation that is part of the Ignition Package.

When you do 'The Resurrection Process', you may choose to rotate a different Shadow on different days, or really be present with what is most alive that you are wishing to break through on that day.

My commitment to you is to energetically unravel the core matrix that underlies your patterns so that our core Alchemical Initiation Work can truly liberate you into higher consciousness and Radical Freedom.

The guided meditation begins a process of reworking your whole psyche and attuning you *energetically* to who you already are beyond the folds of this time matrix. If you feel called to more assistance with your breakthrough, we can explore a phone session as an initial activation, or consider the full 10-week Private Initiation or bi-annual group retreats.

Check out more info on the website: PhoenixCode.org.

In Service to your Resurrection,

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